

Charlevoix Senior Center Breakfast Menu September 2023 (8a—9a)

THURSDAYS ONLY—IN CHARLEVOIX ONLY

Charlevoix Senior Center: 547-5361

THURSDAYS ONLY at CHARLEVOIX ONLY

7. Hot Breakfast:

Ham & Cheese Quiche, Rosemary Potatoes

All Breakfasts include Fresh Fruit, Yogurt, Choice of Apple or Orange Juice, Milk

14. Hot Breakfast:

Yogurt Parfait with Fresh Berries & Granola, Side of Bacon

All Breakfasts include Fresh Fruit, Yogurt, Choice of Apple or Orange Juice, Milk

21. Hot Breakfast:

Pigs in a Blanket with MI Maple Syrup, Tater Tots

All Breakfasts include Fresh Fruit, Yogurt, Choice of Apple or Orange Juice, Milk

28. Hot Breakfast:

Breakfast Sandwich: Thin Sliced Ham, Egg, Cheese, Hashbrowns

All Breakfasts include Fresh Fruit, Yogurt, Choice of Apple or Orange Juice, Milk

Change Beginning in October: Breakfast will be served 2x a week. On Tuesdays and Fridays. These are Community Breakfasts Sponsored by Safe Haven and are Free of Charge to ANY ONE in the Community.