

Senior Hi-Lites

Charlevoix County Commission on Aging Newsletter

Funding for Charlevoix County Commission on Aging is provided
by: Charlevoix County Senior Millage; Michigan Aging & Adult
Services Agency; Area Agency on Aging of Northwest MI



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“THE HUMAN SPIRIT IS STRONGER THAN
ANYTHING THAT CAN HAPPEN TO IT”
~ C.C. SCOTT

Director's CORNER

October 1st is the beginning of our fiscal year and for those of you who come to any of the Charlevoix County Senior Centers or are on Beaver Island using our voucher system, you will need to complete a Nation Aging Program Information System (NAPIS) form to participate in our Nutritional Program.

Now, before you all start to ask, “Why do we need to fill out this form again?” The short answer is that it has ALWAYS been a requirement that begins October 1st each year. It is in place to help us obtain funding from both the Older American’s Act and the Older Michiganian’s Act. It is a requirement from the Area Agency on Aging for partial reimbursement of each meal cost.

- This form also helps to:
- Track how many meals and people are being served in each location.
 - Better understand the needs and situations of the people we serve.
 - Help evaluate the effectiveness of our services.
 - Help our legislators set priority funding for the Older Americans



Act Programs. As an agency, we also focus on if an individual answers yes to a specific question such as, “Does care recipient have tooth or mouth problems that make it hard to eat?” We can help with a referral to Dental Clinics North and even look at their current Medicare/Medicaid coverage to see if it could be tweaked to provide more dental coverage. We are committed to protecting all information you disclose on the NAPIS Form and will not share your information with any other entity other than for its intended purpose. Of course, it is your right not to complete the NAPIS form, but by doing so you forfeit the \$3.00 donation per meal and will need to pay the \$8.00 charge. Our Nutritional program is growing as our aging population in Charlevoix County is growing. Help us keep this good thing going and our costs low for everyone.

COA Information

COA Office
13513 Division Ave.,
Charlevoix, MI 49720
231-237-0103
Toll Free: 866-428-5185
Fax: 231-237-0105
Office open M-F 7:30am-4:30pm

Beaver Island COA Office:
Open M-F 8a-4p
Lonnie Allen, BI County Building & COA Site Coordinator
26466 Donegal Bay Road
Beaver Island, MI 49782
231-448-2124

Main Office Staff:
Amy Wieland, Executive Director
Sheri Shepard, Assistant Director
Theresa Graham, Office Manager
Sally Nye, Database Coordinator
Paul Tate, Food Service Manager
Kevin Clements, Senior Program Facilitator

Health Care Services:
Tracey Rupinski, RN, Director of Health Care Services
Robin Pugh, RN, CFCS
Carla Middaugh, Personal Care
Arlene Wilson, CNA
OPEN, CNA/Homemaker
Kim Crandell, Homemaker
Rhonda Whiteford, Homemaker

Charlevoix Senior Center:
Open M-F 8a-4p
Vikki Pearsall, Northside Building and COA Site Coordinator, Zack, Mary & Kathy Food Service & HD Meals
13513 Division Street
Charlevoix, MI 49720
231-547-3844

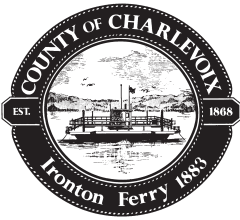
East Jordan Senior Center:
Open M-F 9a-2p
Brenda Skop, Site Coordinator
Kelly, Star, Dolores Food Service & HD Meals
951 Mill Street, East Jordan, MI 49727
231-536-7831

COA Advisory Board
Wanda Carr - Chair; Ed May, Harry Wilson, Aleta Runey, Cathy Kessler, Vice Chair, Sharon Misiak, Janet Kalbfell;
Board Liaison Josh Chamberlain

May - September Senior Center Wednesday Night Hours are 2p-7p

Many wonderful
Volunteers in all
aspects of our services!

Visit our Website: www.charlevoixcounty.org/Commission_on_Aging or our Facebook page
“Charlevoix County Commission on Aging”



Area happenings

For more information:

Beaver Island Chamber
(231) 448-2022
Main Street
Beaver Island, MI 49782
beaverislandcommunitycenter.org

Boyne Area Chamber
(231) 582-6222
115 S. Lake St., Suite A,
Boyne City, MI 49712
boynechamber.com

Charlevoix Chamber
(231) 547-2101
109 Mason Street
Charlevoix, MI 49720
charlevoix.org

East Jordan Chamber
(231) 536-7351
100 Main Street, Suite B
East Jordan, MI 49727
ejchamber.org

OCTOBER 2023 NOTABLE DATES

- 1 Coffee Day
- 2 Name Your Car Day
- 3 Butterfly & Hummingbird Day
- 4 Taco Day
- 5 Do Something Nice Day
- 6 Smile Day
- 7 Frappe' Day
- 8 Pierogi Day
- 9 Columbus Day
- 10 Angel Food Cake Day
- 11 It's My Party Day
- 12 Savings Day
- 13 Skeptics Day
- 14 Dessert Day
- 15 "I Love Lucy" Day
- 16 Bosses Day
- 17 Pay Back a Friend Day
- 18 Chocolate Cupcake Day
- 19 New Friends Day
- 20 Chicken and Waffles Day
- 21 Sweetest Day
- 22 Smart is Cool Day
- 23 Boston Cream Pie Day
- 24 Food Day
- 25 Opera Day
- 26 Pumpkin Day
- 27 Black Cat Day
- 28 Make a Difference Day
- 29 Hermit Day
- 30 Candy Corn Day
- 31 Halloween

For more detailed
information on things
going on at our Senior
Centers:
Please call and speak with
the Site
Coordinator directly or call
the COA Office.

Boyne Area Activity Calendar

Boyne Area Senior Center Location Activities for October 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2. 10A Cardio Drumming, 12:30 BINGO, 1p Cards/ Table Games	3. 10a Line Dancing, 11 Hand Massages, 10:30a BASC Building Board Meeting, 12:30p BINGO, 1p Cards/Table Games, Foot Clinic	4. 10a Magnet Craft with Boyne Arts Center, 12:30p Knit/ Crochet/Crafts, Card/ Table Games	5. 10a Line Dancing, 12:30p Card BINGO, Afternoon Knit/ Crochet/Crafts, Card/Table Games	6. 10a Cardio Drumming, 11a Music by Dollar in a Juke Box, 12:30p Detroit Institute of Art Virtual Tour, 12:30p Movie: TBD
9. 10A Cardio Drumming, 12:30 BINGO, 1p Cards/ Table Games	10. 10a Line Dancing, 12:30p BINGO, 1p Cards/Table Games	11. ALL SENIOR CENTERS ARE CLOSED FOR STAFF TRAINING & APPRECIATION DAY	12. 10a Line Dancing, 11a Blood Pressure Clinic, 12:30p Card BINGO, Afternoon Knit/ Crochet/Crafts, Card/Table Games, Foot Clinic	13. Celebration Day 10a Cardio Drumming, 11a Music by Vintage, 12:30p Card/Table Games, 12:30p Movie: TBD
16. 10A Cardio Drumming, 12:30 BINGO, 1p Cards/Table Games	17. 10a Line Dancing, 12:30p BINGO, 1p Cards/Table Games	18. 10a Corn Hole, 12:30p Knit/Crochet/ Crafts, Card/Table Games	19 10a Line Dancing, 12:30p Card BINGO, Afternoon Knit/ Crochet/Crafts, Card/Table Games	20. 9:30a Cardio Drumming, 11:30a Music OJ Adkins, 12:30p Movie: TBD
23. 10A Cardio Drumming, 12:30 BINGO, 1p Cards/Table Games	24. 9a Veteran's Social, 10a Line Dancing, 12:30p BINGO, 1p Cards/Table Games, Foot Clinic	25. 10a Corn Hole, 12:30p Knit/Crochet/ Crafts, Card/Table Games	26. 10a Line Dancing, 12:30p Card BINGO, Afternoon Knit/ Crochet/Crafts, Card/Table Games	27. 10a Cardio Drumming, 11a Music by Vintage, 12:30p Movie: TBD
30. 10A Cardio Drumming, 12:30 BINGO, 1p Cards/Table Games	31. HALLOWEEN 10a Line Dancing, 12:30p BINGO, 1p Cards/Table Games	Exercise Room open all day everyday. Coffee everyday at 9:30a	Large Print Books, Puzzles & Card Games. Cornhole, Wii and other games on request. Activities are subject to Change due to COA Staffing Shortages.	Boyne Area Center 411 East Division St, Boyne City Site Coordinator: Tracey

East Jordan Activity Calendar

East Jordan Senior Center Location Activities for October 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2. 9:30a Coffee Hour, 10:45a Exercise/Lisa, 12p Mexican Poker, 12:30p Pool Table	3. 9:30a Coffee Hour, 10a Knit & Crochet, 11a Cardio Drumming, 12:30p Euchre	4. 9:30a Coffee Hour, 12:30p Card Bingo	5.9a Hair Cuts w/Susan \$10, 9:30a Coffee Hour, 12:30p Texas Hold-em or Cards, 12:30p Bingocize	6. Celebration Day, 10:30a Avon with Mary, 11:30a Music Barry Loper, 12:30p Card BINGO, 50/50 Drawing
9. 9:30a Coffee Hour, 10:45a Exercise/Lisa, 12p Mexican Poker, 12:30p Pool Table	10. 9:30a Coffee Hour, 10a Knit & Crochet, 11a Cardio Drumming, 12:30p Euchre, FREE Tech Help Foot Clinic	11. Senior Centers are CLOSED for Staff Training and Appreciation Day	12. 9:30a Coffee Hour, 10a EJSC Advisory Board, 12:30p Texas Hold-em or Cards, 12:30p Bingocize	13. 11:30a Music OJ Adkins, 12:30p Card BINGO, 50/50 Drawing
16. 9:30a Coffee Hour, 10:45a Exercise/Lisa, 12p Mexican Poker, 12:30p Pool Table	17. 9:30a Coffee Hour, 9:30a Veterans Social, 10a Knit & Crochet, 11a Cardio Drumming, 12:30p Euchre	18. 9:30a Coffee Hour, 12:30p Card Bingo	19. 9:30a Coffee Hour, 11:30a Blood Pressure Check, 12:30p Texas Hold-em or Cards, 12:30p Bingocize Foot Clinic	20. 11:30a Music \$ in a Juke Box, 12:30p Card BINGO, 50/50 Drawing
23. 9:30a Coffee Hour, 10a 12p Mexican Poker, 12:30p Pool Table	24. 9:30a Coffee Hour, 10:45a Exercise/Lisa, 10a Knit & Crochet, 11a Cardio Drumming, 12:30p Euchre	25. 9:30a Coffee Hour, 12:30p Card Bingo	26. 9:30a Coffee Hour, 12:30p Texas Hold-em or Cards, 12:30p Bingocize, Hand Massages	27. 11a Music 2 Beats, 12:30p Card BINGO, 50/50 Drawing
30. 9:30a Coffee Hour, 10:45a Exercise/Lisa, 12p Mexican Poker, 12:30p Pool Table	31. HALLOWEEEN! 9:30a Coffee Hour, 10a Knit & Crochet, 11a Cardio Drumming, 12:30p Euchre		1st Friday Open Gym Walking 9a-1p. Exercise Room open all day everyday. ACTIVITIES ARE SUBJECT TO CHANGE	East Jordan Center 951 Mill St., East Jordan 231-536-7831 Site Coordinator: Brenda

ALL Charlevoix County Senior Center Menus

All Senior Center Locations Menu October 2023 (Lunch 11:30a—12:30p)
Commission On Aging Phone: 237-0103

Charlevoix Senior Center: 547-5361 East Jordan Senior Center: 536-7831 Boyne Area Senior Center: 582-6682

Monday	Tuesday	Wednesday	Thursday	Friday
2. Bratwurst Patty, Swiss, Bun, Garden Vegetable, Ranch Fries, Fruit Alternative Meal for Week: Tuna Macaroni Salad	3. UP Poutine Fries, Shredded Beef with Gravy, Cheese Curds, Wedge Fries, Cup of Vegetable Soup, Fruit	4. Marinated Teriyaki Pork Chop, Sliced Pineapple, Scalloped Potatoes, Mixed Vegetables	5. Do Something Nice Day Baked Potato with Cheese, Sour Cream Cup, Beef Chili, Crackers, Fruit	6. OCTOBERFEST Chicken Schnitzel & Gravy, Mashed Potatoes, Red Cabbage, Baked Pretzel, Fruit
9. Columbus Day Garlic Parmesan Wings, Macaroni & Cheese, Fresh Vegetable, Fruit Alternative Meal for Week: Roast Beef Wrap	10. Taco Tuesday—Taco Kit Seasoned Taco Meat, Lettuce & Tomato, Flour Tortilla, Mexican Rice, Roasted Corn, Fruit	11. SENIOR CENTERS ARE CLOSED for Staff Appreciation & Training.	12. Savings Day Cooks Choice, Potato, Fresh Vegetable, Fruit	13. Skeptics Day Ham & Cheese Quiche, Hashbrowns, Warm Applesauce, Yogurt Cup
16. Baked Ziti Pasta with Tomato Sauce & Cheese, Garlic Biscuit, Green Beans, Fruit Alternative Meal for Week: Ham & Cheese Wrap	17. Pay Back a Friend Day Beef Stew, Stew Vegetables, Biscuit, Fruit	18. Mom’s Meatloaf, Mashed Potatoes & Gravy, Vegetable Medley, Fruit	19. New Friends Day Sweet & Soup Pork & Vegetables, Rice, Egg Roll	20. Cooks Choice, Potato, Fresh Vegetable, Fruit
23. Baked Lemon Pepper Cod, Seasoned Rice, Vegetable Medley, Fruit Alternative Meal for Week: Egg Salad & Sliced Tomatoes	24. Food Day Chicken Lasagna, Steamed Broccoli, Garlic Bread, Fruit	25. Large Ground Turkey Meatball, Turkey Gravy with Diced Onion, Au Gratin Potatoes, Garden Vegetables, Fruit	26. Pumpkin Day Bacon Cheeseburger, Bun, Wedge Fries, Mixed Vegetable, Fruit	27. Black Cat Day Swiss Steak, Beef & Tomato Gravy, Mashed Potatoes, Fresh Vegetable, Fruit
30. Open Faced Turkey Rueben, Tater Tots, Sauerkraut & Swiss, Garden Vegetable, Fruit Alternative Meal for Week: Chicken Salad Croissant	31. HALLOWEEN Cheesy Beef GOUL-ash, Bat Pasta & Cobwebs, Garlic Vampire Bread, Cemetery Fresh Vegetables, Special Dessert	No Wednesday Night Dinners now until May 2024 Soups are served 3 days a week.	ALL MEALS INCLUDE MILK, BREAD & BUTTER, 2 VEGGIES & A FRUIT. MENU SUBJECT TO CHANGE WITHOUT NOTICE	NEW: Sandwich Wrap and Salad Bar Station available Tuesdays and Thursdays in East Jordan & Boyne as a Meal Alternative.

Charlevoix Activity Calendar

Charlevoix Senior Center Activities for October 2023				
Monday	Tuesday	Wednesday	Thursday	Friday
2. 9a Coffee Talk, Walkers, 12:15p Bingo, 12:30p Cardio Drumming , 1p Games/Puzzles, 3:30p Beginners/Intermediate Pickleball	3. 8-9a Safe Haven Free Breakfast Club , 9a Coffee Talk, Walkers, 12:30p Veteran’s Social & Free Lunch , 1p Games/ Puzzles, 1p Mahjong, 1p Movie/ TV in COA Room, 1:30 Advanced Pickleball	4. 9a Coffee Talk, Walkers, 10a Loom/Knitting Etc , 10:30a BINGOCIZE, 12:30p Bridge, 1p Games/Puzzles, 2p Beginners/Intermediate Pickleball, 3:30p Card Bingo	5. 9a Coffee Talk, Walkers, 9a Tai Chi , 1p Games/Puzzles, 1p Mahjong, 1:30p Advanced Pickleball, 2p Movie Day @Charlevoix Cinema Foot Clinic	6. 8-9a Safe Haven Free Breakfast Club , 9a Coffee Talk, Walkers, 10a Crafts , 1p Games/Puzzles, 12:30p Cardio Drumming , 1:30p Open Pickleball
9. 9a Coffee Talk, Walkers, 12:15p Bingo, 12:30p Cardio Drumming , 1p Games/Puzzles, 3:30p Beginners/Intermediate Pickleball	10. 8-9a Safe Haven Free Breakfast Club , 9a Coffee Talk, Walkers, 1p Games/Puzzles, 1p Mahjong, 1p Movie/TV in COA Room, 1:30 Advanced Pickleball	11. Senior Center is CLOSED for Staff Training and Appreciation Day.	12. 9a Coffee Talk, Walkers, 1p Games/Puzzles, 1p Mahjong, 1:30p Advanced Pickleball, 2p Movie Day @Charlevoix Cinema 2:50p FIRE DRILL	13. 8-9a Safe Haven Free Breakfast Club , Celebration Day , 9a Coffee Talk, Walkers. 10a Crafts , 1p Games/ Puzzles, 12:30p Cardio Drumming , 1:30p Open Pickleball
16. 9a Coffee Talk, Walkers, 12:15p Bingo, 12:30p Cardio Drumming , 1p Games/Puzzles, 3:30p Beginners/Intermediate Pickleball	17. 8-9a Safe Haven Free Breakfast Club , 9a Coffee Talk, Walkers, 1p Games/Puzzles, 1p Mahjong, 1p Movie/TV in COA Room, 1:30 Advanced Pickleball Foot Clinic	18. 9a Coffee Talk, Walkers, 10a Loom/Knitting Etc , 10:30a BINGOCIZE, 11a Hand Massages , 12:30p Speaker Dr. Wyatt Drost—Neuropathy , 12:30p Bridge, 1p Games/ Puzzles, 2p Beginners/ Intermediate Pickleball, 3:30p Card Bingo	19. 9a Coffee Talk, Walkers, 1p Games/Puzzles, 1p Mahjong, 1:30p Advanced Pickleball, 2p Movie Day @Charlevoix Cinema	20. 8-9a Safe Haven Free Breakfast Club , 9a Coffee Talk, Walkers, 10a Crafts , 1p Games/Puzzles, 12:30p Cardio Drumming , 1:30p Open Pickleball
23. 9a Coffee Talk, Walkers, 12:15p Bingo, 12:30p Cardio Drumming , 1p Games/Puzzles, 3:30p Beginners/Intermediate Pickleball	24. 8-9a Safe Haven Free Breakfast Club , 9a Coffee Talk, Walkers, 1p Games/Puzzles, 1p Mahjong, 1p Movie/TV in COA Room, 1:30 Advanced Pickleball	25. 9a Coffee Talk, Walkers, 10a Loom/Knitting Etc , 10:30a BINGOCIZE, 12:30p Bridge, 1p Games/Puzzles, 2p Beginners/Intermediate Pickleball, 3:30p Card Bingo	26. 9a Coffee Talk, Walkers, 1p Any Games/Puzzles, 1p Mahjong, 1:30p Advanced Pickleball, 2p Movie Day @Charlevoix Cinema	27. 8-9a Safe Haven Free Breakfast Club , 9a Coffee Talk, Walkers, 10a Crafts , 1p Any Games/Puzzles, 12:30p Cardio Drumming , 1:30p Open Pickleball
30. 9a Coffee Talk, Walkers, 12:15p Bingo, 12:30p Cardio Drumming , 1p Games/Puzzles, 3:30p Beginners/Intermediate Pickleball	31. HALLOWEEN! 8-9a Safe Haven Free Breakfast Club , 9a Coffee Talk, Walkers, 1p Games/Puzzles, 1p Mahjong, 1p Movie/TV in COA Room, 1:30 Advanced Pickleball	Charlevoix Location Only: 11:30a-12:30p Sandwich and Salad Bar available for Lunch Monday—Friday Tech Tuesdays @ Charlevoix Library by appt. only	Cornhole, Wii and other games on request. Smart TV Activities and Education available ACTIVITIES ARE SUBJECT TO CHANGE	Charlevoix Center 13513 Division Ave, Charlevoix Site Coordinator: Vikki 231-547-3844

The Charlevoix COA and Safe Haven’s Free Breakfast Club Are Collaborating For Sustainability!

We have joined forces to create a new location for the Free Breakfast Club. Beginning October 2023, the Free Breakfast Clube (Tuesdays & Fridays) will be held at the Shirley Roloff Center. (13513 Division Avenue), from 8a-9a.

Everyone (all ages) is invited to dine in, take-out, or have curbside pickup **FREE** on Tuesdays & Fridays!

Safe Haven will continue to sponsor these breakfasts **FREE OF CHARGE to everyone.** Safe Haven will have volunteers there to assist the COA on creating and serving the breakfasts.
Dine In - Take Out - Curbside Pick Up

Safe Haven Sponsored Breakfast Club Menu October 2023 (8a—9a) Menu Subject to Change
TUESDAYS & FRIDAYS ONLY—IN CHARLEVOIX ONLY
(Available only when the Charlevoix Senior Center is OPEN)
Charlevoix Senior Center: 547-5361
FREE TO THE COMMUNITY FOR DINE IN & TAKE OUT

Safe Haven Breakfast Club Menu	
3. Hot Breakfast: Biscuits with Sausage & Gravy, 1 Oven Baked Egg, Warm Applesauce <i>All Breakfasts include Yogurt & Orange Juice</i>	6. FRIDAY BIG Hot Breakfast: 2 Pancakes, 2 Sausage Links, Scrambled Eggs, Homemade Fresh Fried Diced Potatoes with Onions <i>All Breakfasts include Fresh Fruit, Maple Syrup, & Milk</i>
10. Hot Breakfast: Breakfast Casserole: Eggs, Cheese, Sausage, Potatoes, Peppers & Onions <i>All Breakfasts include Yogurt & Orange Juice</i>	13. FRIDAY BIG Hot Breakfast: 2 Pancakes, 2 Sausage Links, Scrambled Eggs, Homemade Fresh Fried Diced Potatoes with Onions <i>All Breakfasts include Fresh Fruit, Maple Syrup, & Milk</i>
17. Hot Breakfast: Breakfast Burrito: Eggs, Diced Bacon, Cheese, Pico De Gallo, served with Cheesy Tater Tots <i>All Breakfasts include Yogurt & Orange Juice</i>	20. FRIDAY BIG Hot Breakfast: 2 Pancakes, 2 Sausage Links, Scrambled Eggs, Homemade Fresh Fried Diced Potatoes with Onions <i>All Breakfasts include Fresh Fruit, Maple Syrup, & Milk</i>
24. Hot Breakfast: French Toast, 2 Slices Bacon, Scrambled Eggs, served with Hashbrowns <i>All Breakfasts include Yogurt & Orange Juice</i>	27. FRIDAY BIG Hot Breakfast: 2 Pancakes, 2 Sausage Links, Scrambled Eggs, Homemade Fresh Fried Diced Potatoes with Onions <i>All Breakfasts include Fresh Fruit, Maple Syrup, & Milk</i>
31. Hot Breakfast: Biscuits with Sausage & Gravy, 1 Oven Baked Egg, Warm Applesauce <i>All Breakfasts include Yogurt & Orange Juice</i>	<i>These are Community Breakfasts Sponsored by Safe Haven and are Free of Charge to ANY ONE in the Community.</i>

Just for fun



Halloween
WORD SEARCH

K	E	R	I	P	M	A	V	X	L	L	D	N	T	Q
Z	R	Z	P	D	L	G	V	V	T	E	R	E	A	W
V	R	E	B	O	T	C	O	C	T	F	I	E	E	T
K	Y	B	H	B	Z	K	S	N	P	B	P	W	R	T
C	S	Y	N	R	L	T	U	C	M	H	U	O	T	M
T	A	P	R	M	A	A	M	O	Q	V	M	L	R	U
B	N	N	O	B	H	L	Z	S	Q	M	P	L	O	M
N	E	M	D	O	T	K	N	T	R	K	K	A	K	M
M	G	G	O	Y	K	O	R	U	X	H	I	H	C	Y
U	N	L	M	N	T	Y	R	M	K	Q	N	P	I	R
T	A	V	P	E	S	L	G	E	L	Y	M	L	R	V
U	R	R	L	J	G	T	T	S	O	H	G	T	T	Z
A	O	E	M	X	X	V	E	W	D	R	T	B	W	R
P	K	B	O	O	R	N	J	R	S	P	I	D	E	R
S	C	J	J	A	C	K	O	L	A	N	T	E	R	N

AUTUMN	GHOST	MUMMY	SPIDER
BATS	HALLOWEEN	OCTOBER	SPOOKY
BOO	HAUNTED	ORANGE	TRICK
CANDY	JACKOLANTERN	PUMPKIN	TREAT
COSTUMES	MONSTER	SKELETON	VAMPIRE

Beaver Island Activities and Update
Contact Lonnie at the BI COA for more information at (231) 448-2124 or Email to allenl@charlevoixcounty.org

Beaver Island Wellness Check Program
The Charlevoix County Commission on Aging and the Charlevoix County Sheriff’s Department are collaborating their efforts on Beaver Island with respect to the safety and wellness of our Seniors on Beaver Island. The COA has created a program with the Sheriff’s Department that will provide free, periodic wellness checks for aging residents of Beaver Island, aged sixty (60) and older due to the limited resources on the island.

Voucher Meal Program
Available at The Beaver Island School, The Shamrock and The Bodega.

Please call Lonnie or the COA Office on the Mainland for all the Other Beaver Island Fun Activities planned like the Tai-Chi, Strength Training, BINGO, Crafts and More!

Reminder: The BI Meal Voucher Program is for Charlevoix County Tax Paying Seniors, 60 years old and older only. Voucher can be purchased individually or up to 10 a month. There is NO reimbursement for any unused vouchers.