

**All Senior Center Locations Menu July 2024 (Lunch 11:30a—12:30p)**

**Commission On Aging Phone: 237-0103**

**Charlevoix Senior Center: 547-5361**

**East Jordan Senior Center: 536-7831**

**Boyer Area Senior Center: 582-6682**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1. Grilled Chicken Breast Sandwich w/Fried Onions &amp; Cheese, Tater Tots, Honey Mustard Cup, Mixed Vegetables, Soup Du Jour, Fruit <b>Alternative Meal for Week:</b> Chef Salad</p>	<p>2. <b>I Forgot Day</b> Beef Tips with Onions, Buttered Noodles, Garden Vegetables, Fruit</p>	<p>3. <b>Wednesday Dinner - Independence Day</b> Fried Chicken, Homemade Potato Salad, Corn on Cob, Diced Watermelon Fruit Salad, Side Salad, Strawberry Shortcake</p>	<p>4. <b>ALL COA OFFICES &amp; SENIOR CENTERS ARE CLOSED</b></p>	<p>5. <b>Bikini Day</b> Baked Potato w/ Cheese, Chicken Noodle Soup, Sour Cream Cup, Saltine Crackers, String Cheese, Fruit, Soup Du Jour</p>
<p>8. Ham &amp; Cheese Stromboli, Fettucine Alfredo, Garden Vegetable, Soup Du Jour, Fruit <b>Alternative Meal for Week:</b> Maurice Salad</p>	<p>9. <b>Sugar Cookie Day</b> Chicken Parmesan, Pasta Marinara, Vegetable Medley, Fruit</p>	<p>10. <b>Wednesday Dinner - Wedding Night</b> Roast Beef, Mashed Potatoes &amp; Gravy, Asparagus, Side Salad, Special Dessert</p>	<p>11. <b>Breakfast for Lunch</b> Biscuits &amp; Sausage Gravy, Scrambled Eggs, Warm Applesauce, Fresh Berries</p>	<p>12. <b>Paper Bag Day</b> Cooks Choice, Potato, Vegetable, Fruit, Soup Du Jour</p>
<p>15. Open Faced Rueben Corned Beef &amp; Swiss, Sauerkraut, Smilie Fries, Vegetable, Soup Du Jour, Fruit <b>Alternative Meal for Week:</b> Chicken Cobb Salad</p>	<p>16. <b>Corn Fritters Day</b> Spaghetti w/ Meat Sauce, Garlic Biscuit, Garden Vegetable, Fruit</p>	<p>17. <b>Wednesday Dinner – Christmas in July</b> Ham w/ Pineapple, Cheesy Potatoes, Green Beans, Side Salad, Cinnamon Bread Pudding</p>	<p>18. <b>Listening Day</b> Cheesy Chicken Casserole, Rice, Broccoli, Bread Stick, Fruit</p>	<p>19. <b>Daiquiri Day</b> Mom’s Meatloaf, Mashed Potatoes &amp; Gravy, Garden Vegetable, Soup Du Jour, Fruit</p>
<p>22. Sweet &amp; Sour Breaded Pork, Oriental Vegetables, Seasoned Rice, Eggroll, Soup Du Jour <b>Alternative Meal for Week:</b> Turkey &amp; Ranch Wrap</p>	<p>23. <b>Gorgeous Grandma Day</b> Grilled Ham &amp; Cheese, Ranch Wedge Fries, Mixed Vegetable, Fruit</p>	<p>24. <b>Wednesday Dinner – Flower Power</b> Carrot &amp; Spinach Vegetable Lasagna, Garlic Bread, Side Salad, Lemon Bar</p>	<p>25. <b>Red Shoe Day</b> Large Meatball with Creamy Mushroom Gravy, Mashed Potatoes, Garden Vegetable, Fruit</p>	<p>26. <b>Get Gnarly Day</b> Parmesan Crusted Tilapia, Seasoned Rice, Fresh Vegetable, Soup Du Jour, Fruit</p>
<p>29. Cheeseburger, Ranch Wedge Fries, Vegetable Medley, Soup Du Jour, Fruit <b>Alternative Meal for Week:</b> Chicken Cesar Salad Kit</p>	<p>30. <b>Dance Day</b> Roasted Pork Loin, Mashed Potatoes &amp; Pork Gravy, Fresh Vegetable, Fruit</p>	<p>31. <b>Wednesday Dinner - Antique Show &amp; Tell</b> BBQ Chicken Drumsticks, Rosemary Potatoes, Roasted Carrots, Pasta Salad, Popsicle</p>	<p>Wednesday Night Dinners are served from 5p-6p. <b>This means <u>NO LUNCHEs</u> at the Senior Centers on Wednesdays</b></p>	<p><b>ALL MEALS INCLUDE MILK, BREAD &amp; BUTTER, 2 VEGGIES &amp; A FRUIT. MENU SUBJECT TO CHANGE WITHOUT NOTICE</b></p>